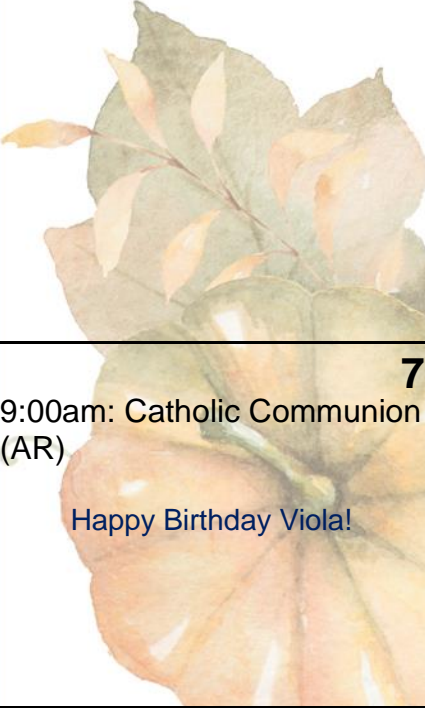


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>7 9:00am: Catholic Communion (AR) <i>Happy Birthday Viola!</i></p>	<p>1 10:00am: Coffee &amp; Donuts Social with Donna (LR) 11:15am: Exercise (AR) 1:15pm: Penny Bingo (AR) <b>2:30pm: The Roosevelts – Documentary Episode 3 (AR)</b></p> <p>Columbus Day (US) Thanksgiving Day (Canada)</p>	<p>2 10:00am: Manicures &amp; Music (AR) 11:15am Exercise (AR) <b>1:30pm: Outing to Kroul Farms pumpkin patch</b></p> <p>Simchat Torah</p>	<p>3 10:00am Bible Study with Bea (AR) 11:15am Exercise (AR) 1:15pm: Two Cent Bingo (AR) 3:30pm: Dominoes (LR)</p>	<p>4 10:00am: L,C,R (AR) 11:15am: Exercise (AR) <b>2:00pm: Tenant Council &amp; Food Talk (AR)</b> 3:30pm: Crochet Club (AR)</p>	<p>5 10:00am: Skip-bo (AR) 11:15am: Exercise (AR) 1:30pm: Bingo (AR) 4:30pm: Happy hour &amp; Music with Alice Tritle</p>	<p>6 1:00pm: Home free Ministries with Pas. Jerry Fagerland 2:30pm: Card Club</p> <p><b>TBA: IOWA vs Minnesota</b> <b>TBA: Iowa State vs Oklahoma State</b></p>
<p>14 9:00am: Catholic Communion (AR)</p>	<p>8 10:00am: Coffee &amp; Donuts Social with Donna (LR) 11:15am: Exercise (AR) 1:15pm: Penny Bingo (AR) 3:30pm: Laughter Yoga (AR)</p>	<p>9 <b>1:00pm: Kindred at Home - Free Balance Screening (AR)</b> <b>2:30pm: The Roosevelts – Documentary Episode 4 (AR)</b></p> <p>No morning activities Department heads in training <i>Happy Birthday Marsha!</i></p>	<p>10 10:00am Bible Study with Bea (AR) 11:15am Exercise (AR) 1:15pm: Two Cent Bingo (AR) 3:30pm: Beads craft (AR)</p>	<p>11 11:15am: Exercise (AR) 12:30: Tenant special luncheon (AR) <b>2:00pm: Scenic Drive – Fall leaves</b> 3:30pm: Crochet Club (AR)</p> <p><i>Happy Birthday Fran!</i></p>	<p>12 10:00am: Group Crossword (AR) 11:15am: Exercise (AR) 1:15pm: Bingo (AR) 4:30pm: Happy hour &amp; Music with Dave Poggenklass</p>	<p>13 <b>11:00am: IOWA vs Indiana – ABC/ESPN/ESPN2</b> 1:00pm: Home free Ministries with Pas. Jerry Fagerland 2:30pm: Card Club</p> <p><b>TBA: Iowa State vs West Virginia</b></p>
<p>21 9:00am: Catholic Communion (AR)</p>	<p>15 10:00am: Coffee &amp; Donuts Social with Donna (LR) 11:15am: Exercise (AR) 1:15pm: Penny Bingo (AR) <b>2:45pm: Manicures &amp; Massages with Anne Spina (AR)</b></p>	<p>16 10:00am: Make Puppy Chow (AR) 11:15am Exercise (AR) <b>11:45am: Lunch outing to Scott's Family Restaurant</b> <b>2:15pm: The Roosevelts – Documentary Episode 5 (AR)</b></p>	<p>17 10:00am: Catholic Rosary (LR) 10:00am Bible Study with Bea (AR) 11:15am Exercise (AR) 1:15pm: Two Cent Bingo (AR) 3:30pm: Activity Meeting for November (AR)</p>	<p>18 10:00am: Skip-Bo (AR) 11:15am: Exercise (AR) <b>2:30pm: La La Ladies (DR)</b></p>	<p>19 11:15am: Exercise (AR) 1:30pm: Bingo (AR) 4:30pm: Happy hour &amp; Music with Dave Wirtz</p>	<p>20 10:30am: Pet Therapy with Oliver (LR) <b>11:00am: IOWA vs Maryland - TBA</b> 1:00pm: Home free Ministries with Pas. Jerry Fagerland/ Communion 2:30pm: Card Club</p>
<p>28 9:00am: Catholic Communion (AR)</p>	<p>22 10:00am: Coffee &amp; Donuts Social with Donna (LR) 11:15am: Exercise (AR) 1:15pm: Penny Bingo (AR) 3:30pm: Halloween Painting (AR)</p>	<p>23 10:00am: Shut the Box (LR) 11:15am Sit &amp; be fit DVD (AR) <b>2:15pm: The Roosevelts – Documentary Episode 6 (AR)</b></p> <p>Jennifer will be gone for training all day at Kirkwood</p>	<p>24 10:00am Bible Study with Bea (AR) 11:15am Exercise (AR) 1:15pm: Two Cent Bingo (AR) 3:30pm: October Birthdays Celebration! (AR)</p>	<p>25 10:00am: Crochet Club (AR) 11:15am: Exercise (AR) <b>2:00pm: Cooking Class with Chef Sue (AR)</b> 3:30pm: Pumpkin Decorating (AR)</p>	<p>26 11:15am: Sit &amp; be fit DVD (AR) 1:30pm: Bingo (AR) 4:30pm: Happy hour &amp; Music with Ronnie Burgess'</p> <p>Jennifer is off this day</p>	<p>27 1:00pm: Home free Ministries with Pas. Jerry Fagerland 2:30pm: Card Club</p> <p><b>TBA: IOWA vs Penn State</b> <b>TBA: Iowa State vs Texas Tech</b></p> <p><i>Happy Birthday Mary Henningsen!</i></p>
<p>31 9:00am: Catholic Communion (AR)</p>	<p>29 10:00am: Coffee &amp; Donuts Social with Donna (LR) 11:15am: Sit &amp; be fit DVD (AR) 1:15pm: Penny Bingo (AR) <b>2:30pm: The Roosevelts – Documentary Episode 7 (AR)</b></p> <p>Jennifer is off this day</p>	<p>30 10:30am: Skip- Bo (AR) 11:15am Exercise (AR) <b>2:00pm: Legend &amp; Tales of Halloween with Marci's Memorables (AR)</b> 3:30pm: Tenant Group Photo (AR) <i>*please show up no later than 5 mins after! This will be used for the Holiday greeting card*</i></p>	<p>31 10:00am Bible Study with Bea (AR) <b>11:00-1:00pm Halloween Brunch! – Dress in your best costume!</b> 1:15pm: Two Cent Bingo (AR) 3:30pm: Exercise (AR)</p> <p><i>Happy Birthday Betty!</i> Halloween</p>	<p style="text-align: center;"><b>October 2018</b></p> <p style="text-align: center;"><i>Ridge View Assisted Living Activity Calendar</i></p> 